



Amazing Babies Midwifery Program

AquaNatal Birth Center

13768 Roswell Avenue, Suite 209 Chino, CA 91710

909-591-2924

www.Amazing-Babies.com

INTENSIVE BEGINNING MIDWIFERY RETREAT

March 5 – 8, 2010

Please arrive by 10am on the 5th and prepare to stay until 4pm on the 8th

An opportunity to spend a week immersed in Midwifery and Birth, learn and practice valuable clinical skills and begin/renew your journey as a midwife. There will be required reading list for these sessions and a beginning midwives equipment package which students will need to purchase and bring to the workshop. Payment plans are available. Payment in full by PayPal provide a 20% discount.

Topics to be Covered:	Skills to be Practiced:
Routes to Midwifery Training	Hand Washing
Preceptors & Opportunities	Universal Precautions
Assisting a Licensed Midwife	Medical History Taking
Medical Terminology	Physical Exam Skills
Female Reproductive Anatomy	Breast Exams
Informed Consent/Informed Refusal	SOAP Charting Techniques
Signs & Symptoms of Pregnancy	Medical Abbreviations
Fetal/Placental Development & Growth	Nagele's Rule
Leopold's Maneuvers	Using a Gestation Wheel
Fetal Heart Tones	Feto-Pelvic Relationships
Measuring Fundal Height	Listen to Fetal Heart Tones with a
Anatomy & Physiology of Reproduction	Doppler & a Fetoscope
Gynecological Exams	Vaginal Exams/Pap Smears
Pelvimetry	Estimating Dilation, Effacement, &
Contraindications for OOH Birth	Station
Anatomy & Physiology of Labor/Birth	Fetal Heart Tones – Importance of
Fetal Skull	Variability
Mechanisms of Labor	Birth Role-Play
The Birth Team	APGAR Scoring
Labor Support	Newborn Exams
Giving Birth in Water	Oxygen Set-Up & Use

FEES: The cost of the 4-day Amazing Babies Beginning Midwifery Retreat is \$995 (1/2 price if you are already enrolled in NCM,, NMI, or MCU). Fee includes 2 meals a day. Does NOT include textbooks, student equipment, separate lodging or transportation. Nearby hotels (5 minutes from AquaNatal Birth Center) – Hampton Inn & Suites, Extended Stay Suites & Ayres Suites – all in Chino Hills, CA.



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To receive discount price, please fax copy of your Letter of Acceptance or course transcript to: 909-297-3498

REQUIRED BOOKS:

- "Heart & Hands- 4th ed. – Davis
- "Varney's – 4th edition
- "Wholistic Midwifery, Vol. 1" Frye
- "The Water Birth Book," or "Waterbirth"

REQUIRED STUDENT EQUIPMENT/SUPPLIES:

<http://midwifesupplies.com/Midwife-Kit-PEB0055-p-A1.html> - \$88.00

The Basic Student Package includes:

- Allen style economy fetoscope
- Blood pressure/stethoscope combo kit
- Retractable tape measure
- Taylor percussion hammer
- Pregnancy calculator
- Box of 100 latex or vinyl exam gloves (your size)

Be sure to have your BOOKS, EQUIPMENT & SUPPLIES labeled with your name, phone number!



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REGISTRATION FORM

To register please (PRINT NEATLY!) complete the following form and send it along with your deposit to:

Joyce Moxley Thomas, Director

AquaNatal Birth Center

13768 Roswell Avenue #209

Chino, CA 91710

NAME: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

PHONE: _____

EMAIL: _____

DATE OF BIRTH: _____

LEVEL OF EDUCATION: _____

PRIOR MIDWIFERY OR BIRTH TRAINING & EXPERIENCE:

CHECK WHICH WORKSHOPS YOU ARE REGISTERING FOR:

- | | | |
|--------------------------|--|--------|
| <input type="checkbox"/> | BASIC MIDWIFERY INTENSIVE (March 5-8) | \$ 995 |
| <input type="checkbox"/> | ADVANCED MIDWIFERY INTENSIVE (April 23-25) | \$ 795 |
| <input type="checkbox"/> | BOTH Intensives (save \$360) | \$1430 |

Do you have any special dietary needs or allergies we should be aware of?

Total Deposit Enclosed: _____ \$100 per program